

# Pronation/Supination Wrist Orthosis

*Important Patient Information*



## FITTING INSTRUCTIONS FOR:

### Pronation/Supination Wrist Orthosis

#### Static progressive Pronation/Supination Wrist Orthosis

- 1 Place upper arm in humeral cuff and adjust height as needed with the screws in the slots and tighten screws. Place hand into hand piece and adjust the length so the plastic is just behind the 5th metacarpal using the screws and slots provided.
- 2 Place the humeral strap over the upper arm and tighten to a snug fit. On the hand piece place one strap over the wrist and the other between the thumb and forefinger. Adjust strap tightness until comfortable.
- 3 Turn the knob to the desired position. Mild discomfort or a feeling of a stretch should reduce in less than 30 minutes. Do not readjust the knob during the stretch session, unless directed by physician.

This product is intended for use on a single patient.