



“Mackie Hinge” Static Progressive Wrist Brace

Important Patient Information

INDICATIONS

The “Mackie Hinge” Static Progressive Wrist Brace provides static stretch for conservative treatment of soft tissue contractures that are less than six months from onset. The goal of this treatment is to accomplish a low stretching force maintained over a long period of time. This will safely and effectively stretch soft tissue contractures with lasting results. The brace may be used post-operatively or for contractures due to trauma, post-op adhesions, immobilization, muscle strength imbalance, arthritis, burns, cerebral palsy, stroke, or traumatic brain injury to maximize range of motion.

CARE

Straps—The straps of the “Mackie Hinge” Static Progressive Wrist Brace can be hand washed in 30°C warm water using mild soap. Rinse thoroughly and air dry. If the straps are not rinsed thoroughly, residual soap may cause skin irritation.

Hinges—The hinges on the “Mackie Hinge” Static Progressive Wrist Brace may be wiped clean using a nonabrasive cleaner or mild soap. *Do not allow liquid to enter the hinge.*

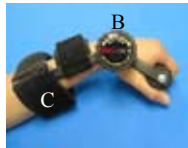
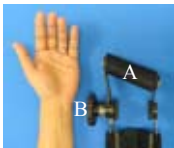
WARRANTY

The frame and “Mackie” hinge of your brace are covered by a one year limited warranty against defects in materials or craftsmanship; soft goods are covered by a six month limited warranty.

PRODUCT DISCLAIMER

The “Mackie Hinge” Static Progressive Wrist Brace is designed to stretch soft tissue contractures and return the maximum range of motion possible to the joint. This treatment is usually prescribed following surgery and in addition to other therapeutic measures. The patient should discuss the wearing schedule with the physician who prescribed the brace.

Patient Fitting Instructions



1. Note direction of A-Palmer Handpiece alignment and B-Knob location (radial).
2. Loosen C-Forearm Strap, this will be on the palmer side of the forearm.
3. Turn Knob until the brace angle matches the wrist angle when extended.
4. Then slip the hand through at Strap (C) and grab Palmer Handpiece.
5. Tighten Strap (C) and turn Knob to extend the brace and the wrist until point of mild discomfort or a feeling of stretch is reached.
6. This feeling should reduce in less than 30 minutes. Do not readjust the knob to increase stretch during session.

NOTE

- Knob may be removed for patient compliance or for patient convenience.
- Tension should be readjusted when reapplying the brace as instructed, using the knobs to increase/decrease tension.

CAUTION

- If pain, swelling or numbness occur, contact your physician.
- Never attempt to stretch joint beyond normal limits.
- Follow your physician’s instructions if they are different from these guidelines.

This product is intended for use on a single patient.

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